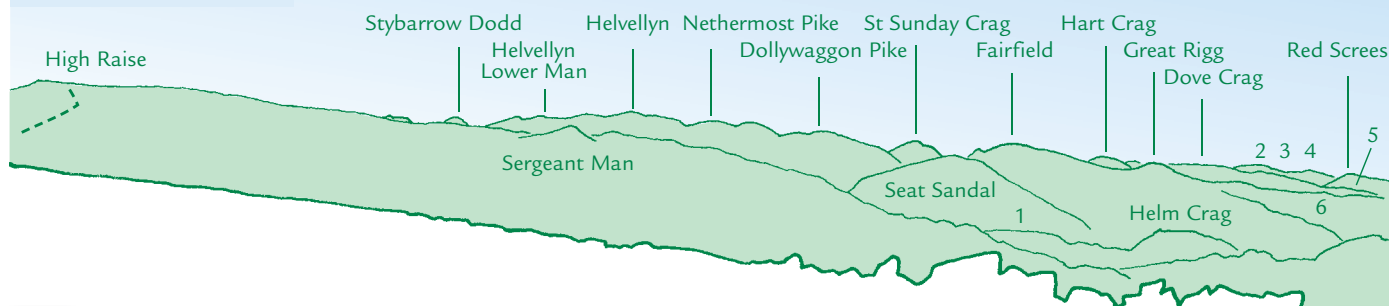


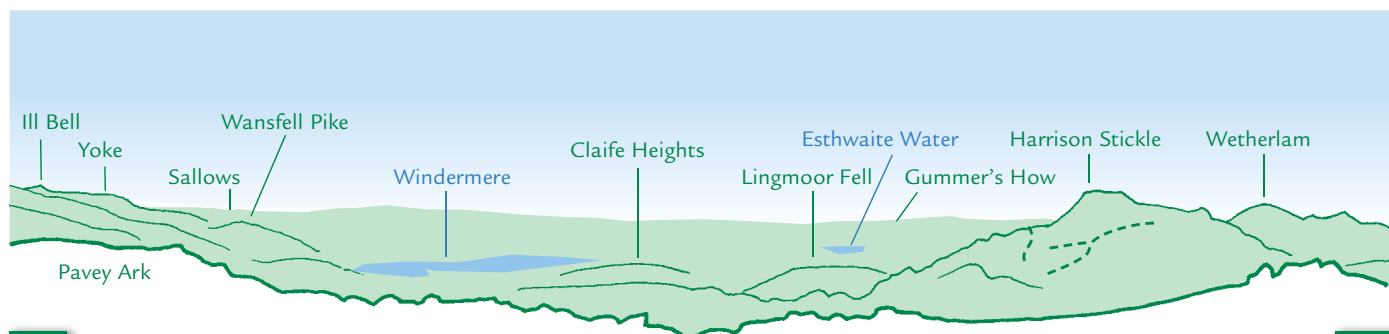
PANORAMA from Thunacar Knott (GR279080) 723m



N

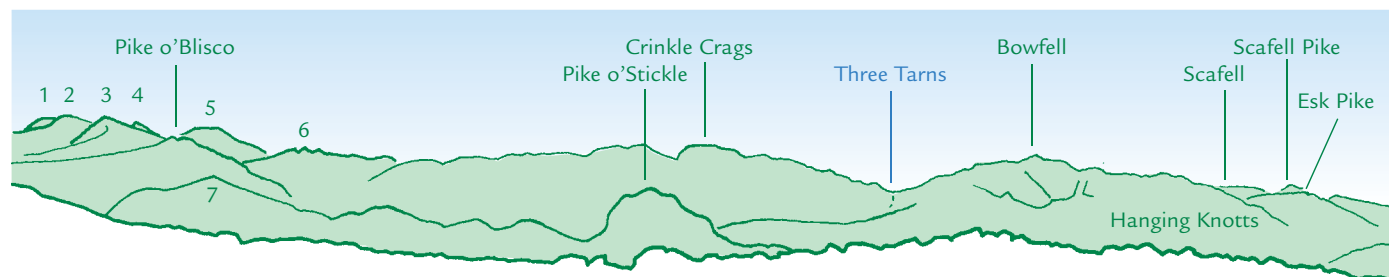
1 Gibson Knott 2 High Street 3 Caudale Moor 4 Thornthwaite Crag 5 High Pike 6 Heron Pike

E



E

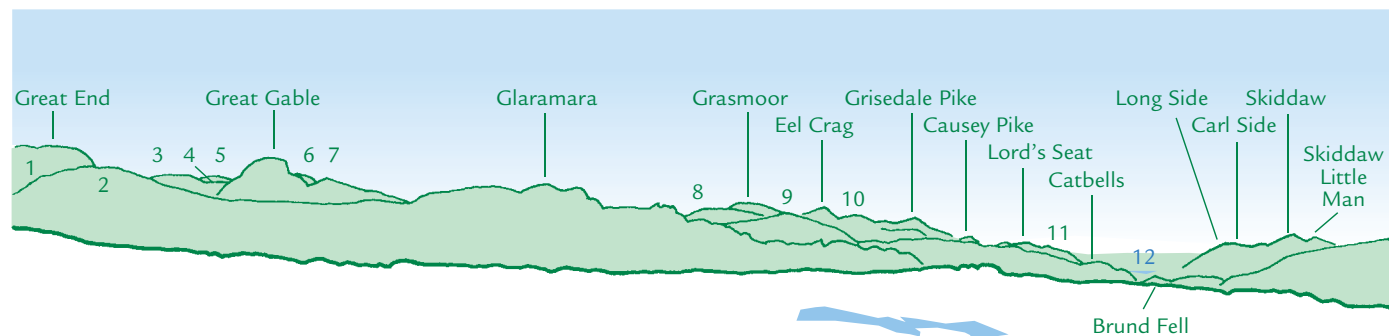
S



S

1 Coniston Old Man 2 Swirl How 3 Great Carrs 4 Dow Crag 5 Grey Friar 6 Cold Pike

W



W

1 Esk Hause 2 Allen Crag 3 Red Pike (Wasdale) 4 Kirk Fell 5 Scoat Fell 6 Pillar
7 Green Gable 8 Robinson 9 Dale Head 10 Sail 11 Barf 12 Bassenthwaite

N

This graphic is an extract from **The Central Fells**,
volume one in the **Lakeland Fellranger** series published in April 2008 by Cicerone Press