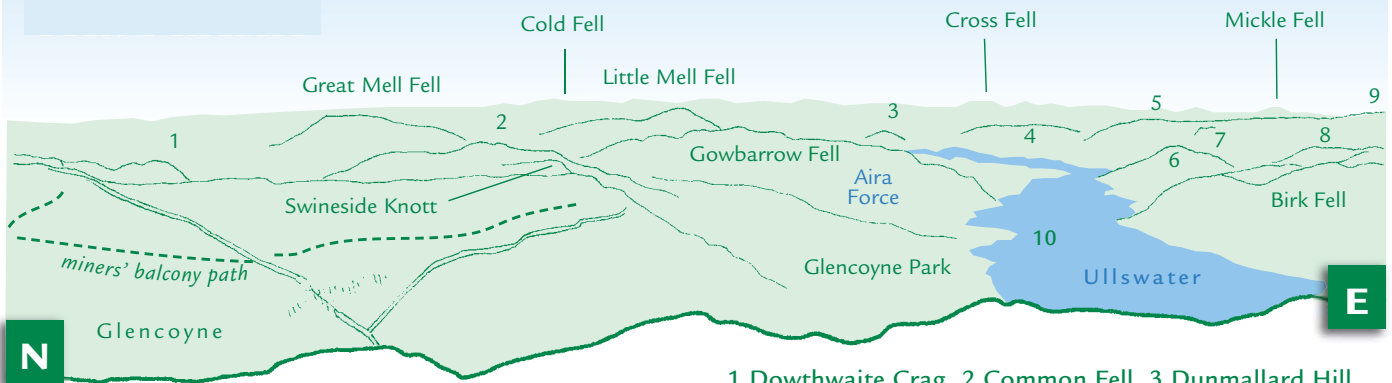
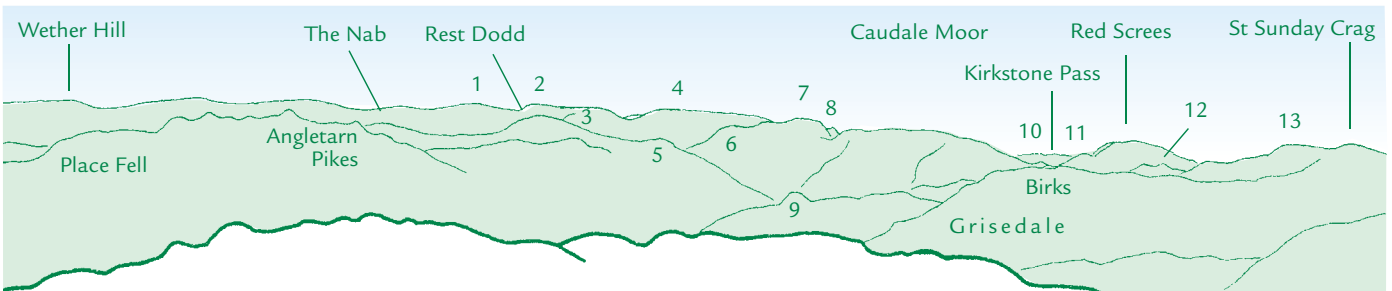


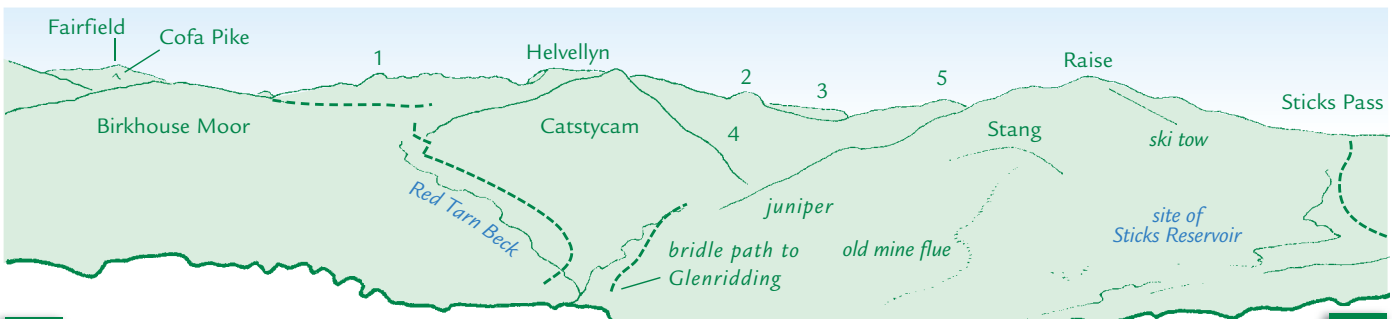
# PANORAMA from Sheffield Pike (GR369182) 675m



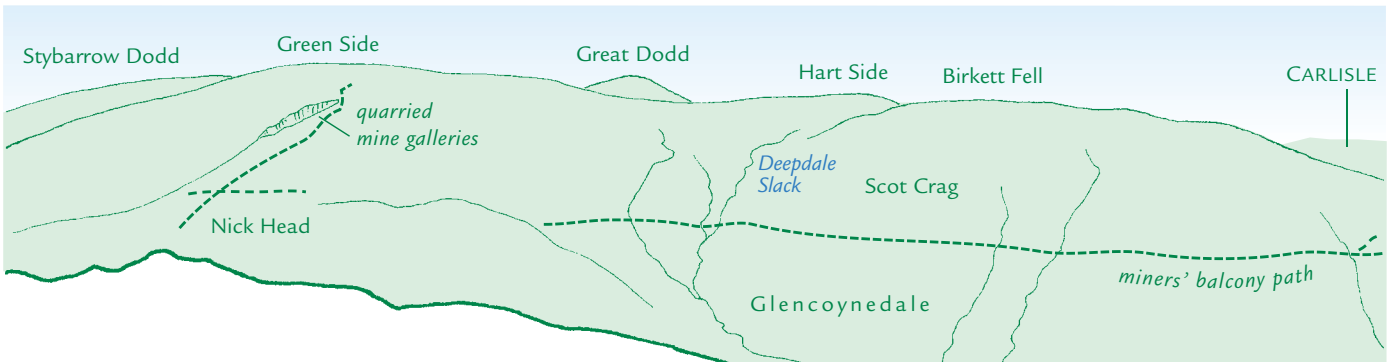
- 1 Dowthwaite Crag 2 Common Fell 3 Dunmallard Hill  
4 Heughscar Hill 5 Arthur's Pike 6 Hallin Fell 7 Bonscale Pike 8 Steel Knotts 9 Loadpot Hill 10 Aira Point



- 1 High Raise 2 Rampsgill Head 3 The Knott 4 High Street 5 Brock Crag  
6 Gray Crag 7 Thornthwaite Crag 8 Froswick 9 Arnison Crag 10 The Bowland Fells  
11 Middle Dodd 12 Little Hart Crag 13 Gavel Pike



- 1 High Spying How 2 Helvellyn Lower Man 3 Brown Cove Crag 4 Brown Cove 5 White Side



This graphic is an extract from **The Near Eastern Fells**, volume two in the **Lakeland Fellranger** series published in April 2008 by Cicerone Press