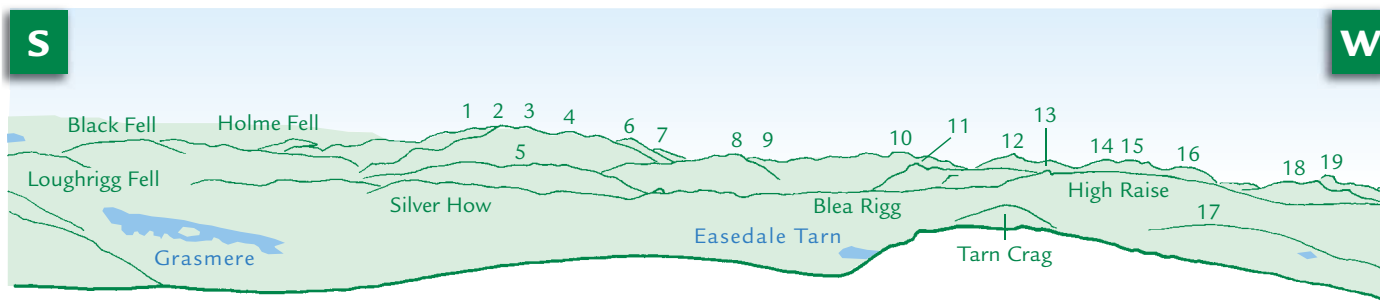
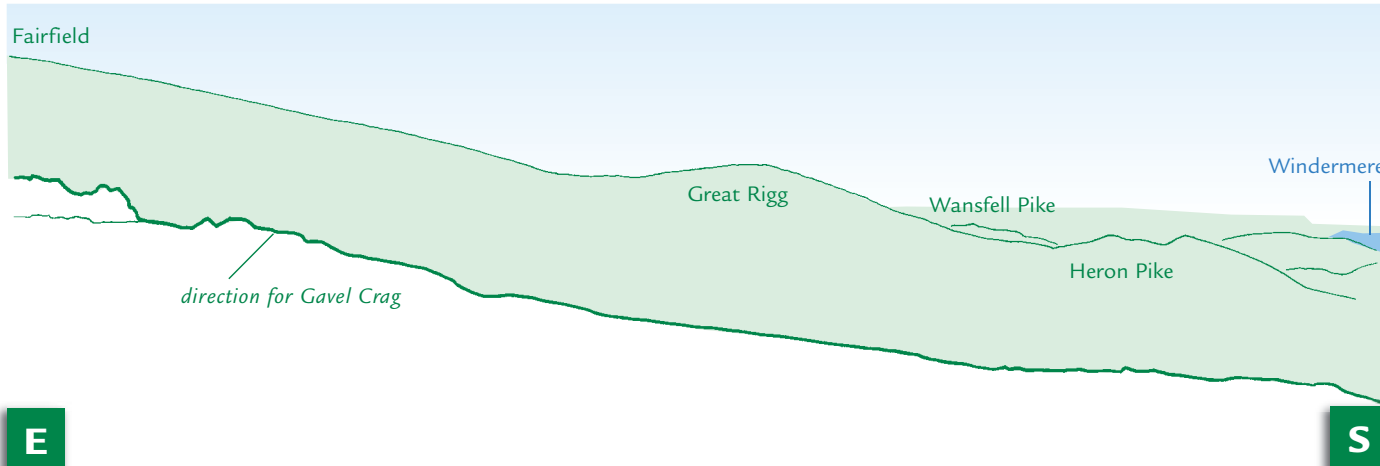
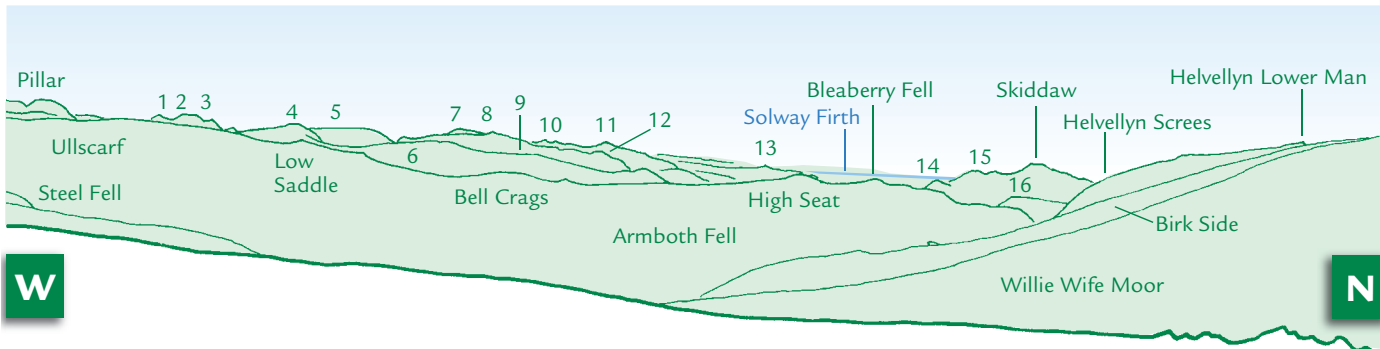


# PANORAMA from Seat Sandal (GR344115) 736m



- 1 Coniston Old Man 2 Wetherlam 3 Swirl How 4 Great Carrs 5 Lingmoor Fell 6 Grey Friar 7 Harter Fell  
 8 Pike o'Blisco 9 Cold Pike 10 Crinkle Crag 11 Harrison Stickle 12 Bowfell 13 Sergeant Man 14 Scafell  
 15 Scafell Pike 16 Great End 17 Calf Crag 18 Glaramara 19 Great Gable



- 1 High Crag 2 High Stile 3 Red Pike (*Buttermere*) 4 Dale Head 5 Robinson 6 High Spy 7 Grasmoor 8 Eel Crag  
 9 Maiden Moor 10 Hopegill Head 11 Grisedale Pike 12 Causey Pike 13 Lord's Seat 14 Dodd 15 Carl Side 16 Latrigg

This graphic is an extract from **The Near Eastern Fells**,  
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