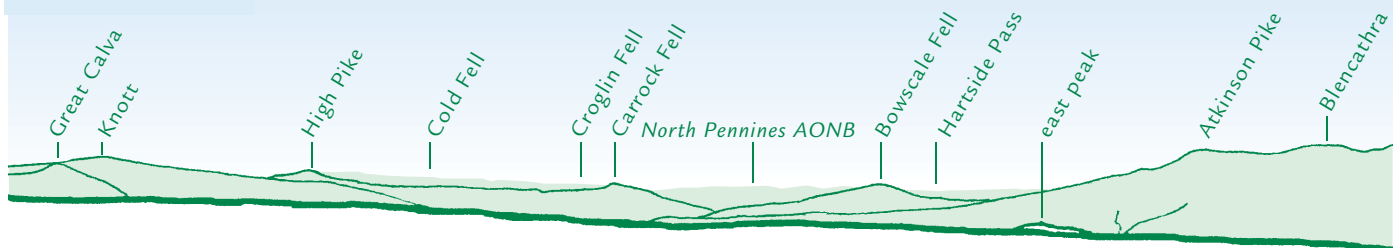
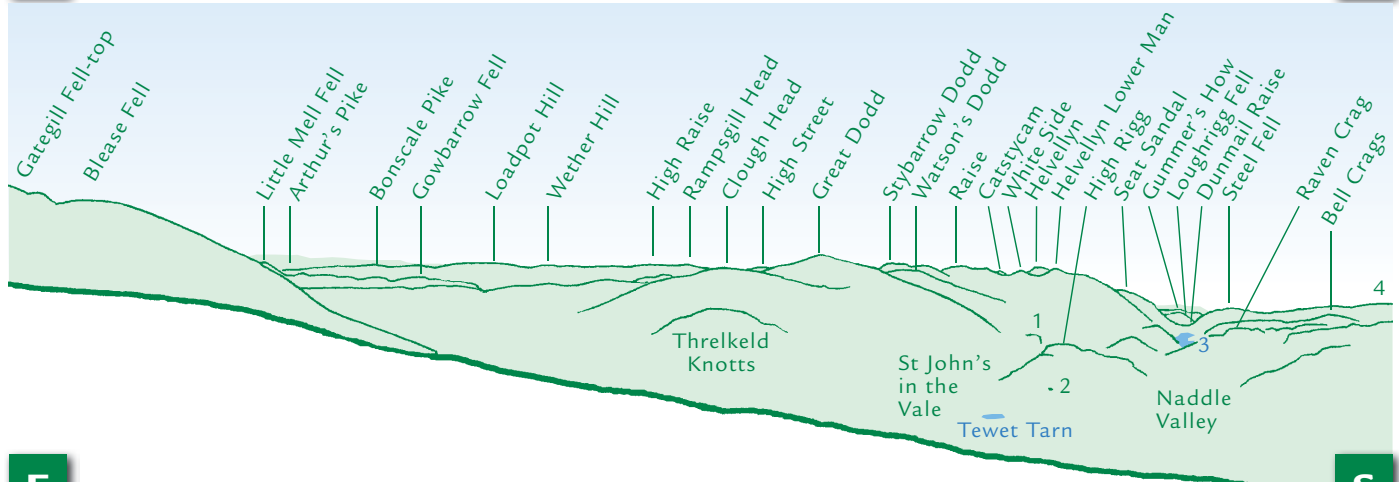


# PANORAMA from Lonscale Fell (GR 285272) 715m



N

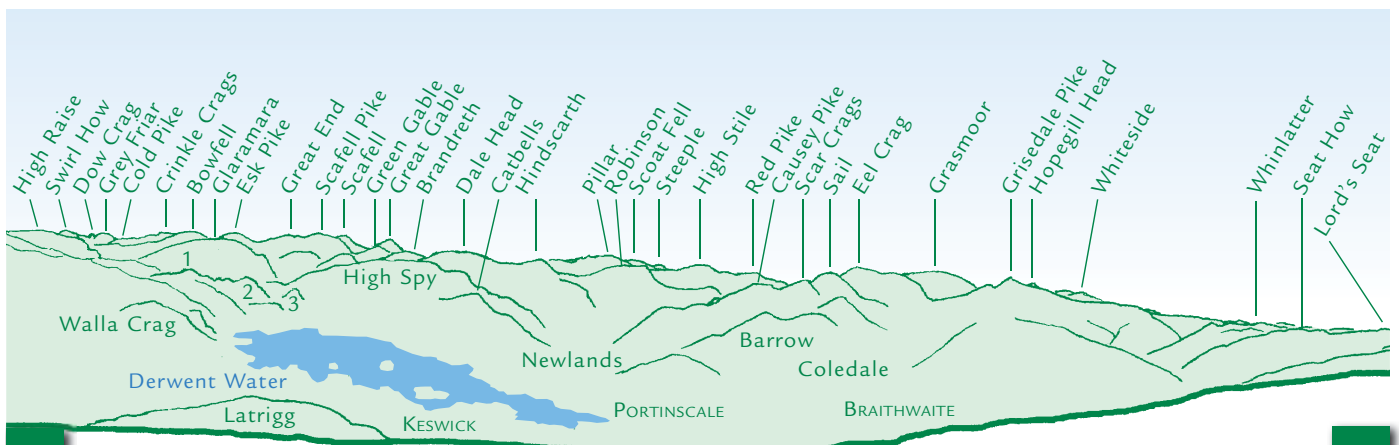
E



E

1 Castle Rock of Triermain 2 St John's Church 3 Thirlmere 4 Ullscarf

S



S

1 Heather Knott 2 King's How 3 Castle Crag

W



W

N

This graphic is an extract from **The Northern Fells**, volume seven in the **Lakeland Fellranger** series to be published in April 2013 by Cicerone Press