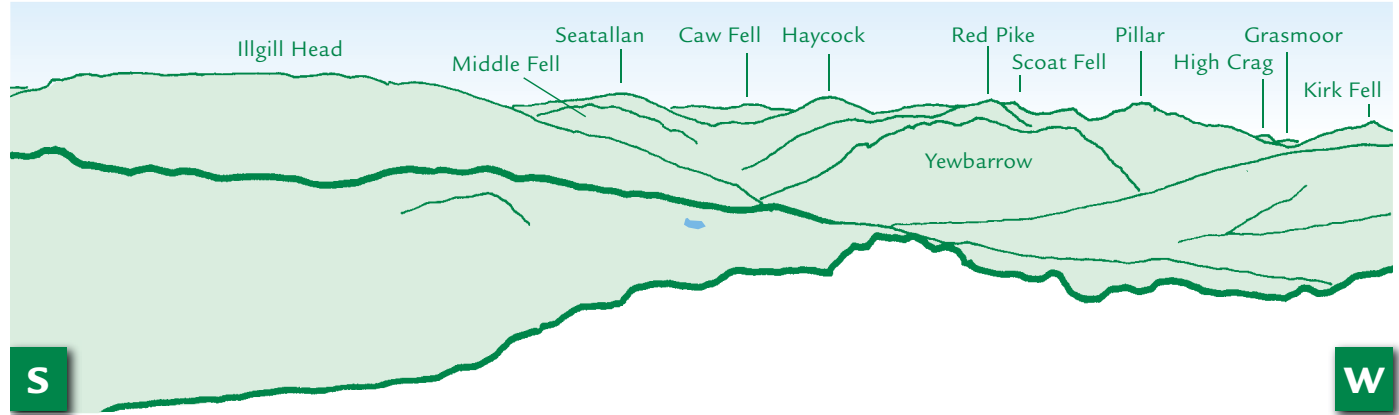
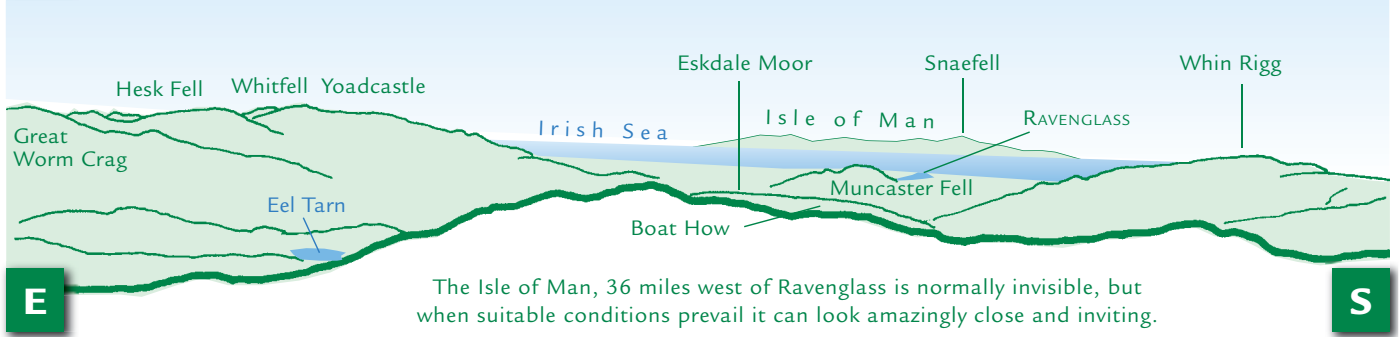
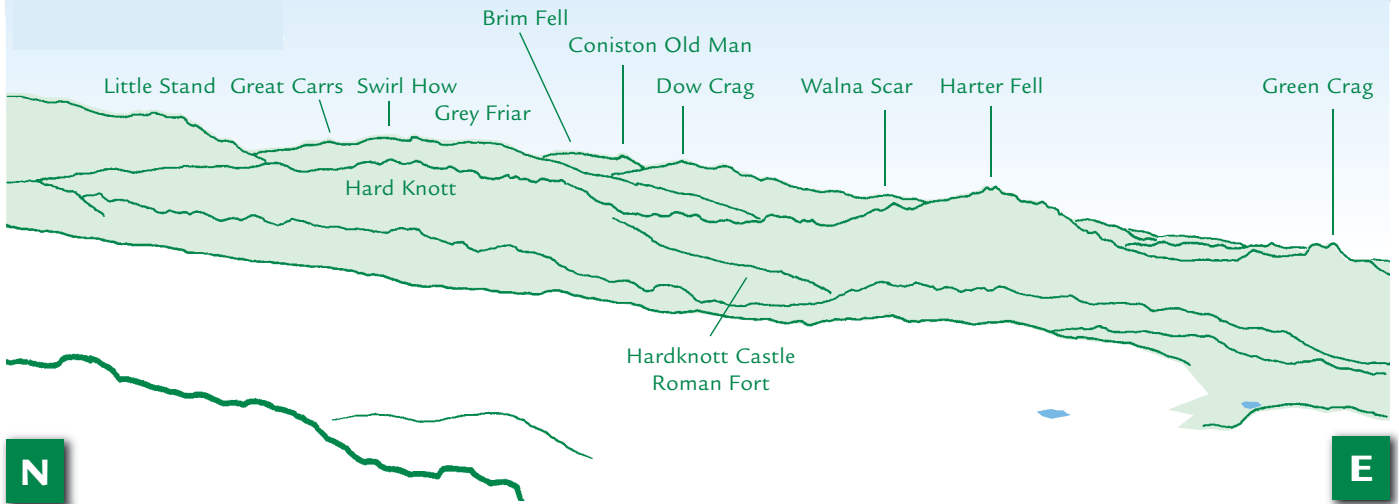


PANORAMA from Great How (GR197040) 523m



This graphic is an extract from **The Mid-Western Fells**, volume four in the **Lakeland Fellranger** series published in April 2008 by Cicerone Press